



# ISAM NEWS

## INTERNATIONAL SOCIETY OF AQUATIC MEDICINE

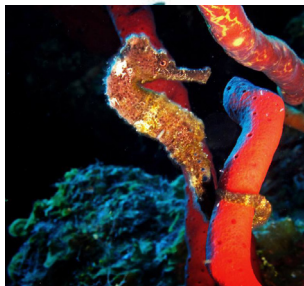
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Sponsored by SUNY UPSTATE MEDICAL UNIVERSITY Office of Continuing Medical Education  
and the International Society of Aquatic Medicine (ISAM)



### A SYMPOSIUM ON DIVING MEDICINE

*The daily lectures will address pathology seen in dive injuries and dive related deaths, the physical exam to identify risk factors, environmental hazards faced by divers, medications that may increase risk of injury, common travel-related illnesses and the interventions to moderate risks.*

**43rd Annual Spring Meeting - Little Cayman Beach Resort**

**May 19- 26, 2018**



**Target Audience:** Physician, Clinicians, RNs, PAs, and allied health professionals.

**Learning Objectives:** Following this activity, participants should be able to:

1. Recognize certain medical conditions and medications that may have adverse risk on scuba diving.
2. Identify risk factors associated with depression/anxiety and PTSD diagnoses that may adversely affect ability to dive safely
3. Identify list resources where the current travel recommendations are available and will distinguish between reef fish toxins and travelers diarrhea
4. Be able to discuss signs and symptoms of sleep apnea and recommend proper evaluation prior to clearance for scuba diving.
5. Identify recognize, identify and include the physiologic changes associated with aging in their evaluation and clearance of recreational scuba divers.

**Keynote Speaker:** Paul Martin  
Medical Director  
Health Services  
City of Asheville

**Adjunct Speakers:** Dr. James Fulcher, Dr. Robert Arusell,  
Dr. Ann Marie Padilla, Dr. Paul Neis, Dr. Elin Berg,  
Bridget Thomas, RN MSN

**Faculty Disclosure:** Drs. Martin, Fulcher, Arusell, Padilla, Neis, Berg and Mrs. Thomas have no financial relationships with commercial interests.

**Planner Disclosure:** Drs. Martin, Fulcher, Arusell, Padilla, Berg, Neis and Mrs. Thomas have no financial relationships with commercial interests.

**Accreditation:** This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of SUNY Upstate Medical University and the International Society of Aquatic Medicine. SUNY Upstate Medical University is

accredited by the ACCME to provide Continuing medical education for physicians.

Credit Designation: SUNY UPSTATE Medical University designates this live activity for a maximum of 26 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participating in the activity.

**Disclosure Policy:** To ensure balance, independence, objectivity and scientific rigor in all certified CME activity SUNY UPSTATE Medical University requires that all planners, faculty and individuals in a position to control the content of an educational activity disclose all relevant financial relationships with any commercial interest that might be perceived as a real or apparent conflict of interest. Detailed disclosures will be made in writing prior to speaker presentations.

**Americans with Disabilities Act:** In accordance with the Americans with Disabilities Act, UPSTATE Medical University seeks to make this conference accessible to all. If you have a disability, which might require special accommodations, please contact Mrs. Thomas at 910-452-1452.

**Commercial Support:** No commercial support was received for this educational activity.

**Paul Martin, MD** Paul Martin, MD is our featured keynote speaker. Dr. Martin is board certified in Family Medicine and Addiction Medicine. As Medical Director for the City of Asheville, he cares for the Fire Dept. Scuba Search & Rescue Team. He also serves as Medical Director of the Neil Dobbins Detoxification and Crisis Center, and Chairman of Mission Health System Pharmacy and Therapeutics Committee. He graduated from University of Arizona School of Medicine and is an Associate Clinical Professor with the University of North Carolina at Chapel Hill. He maintains an active medical practice in Asheville, NC and has been in practice for 38 years. Dr. Martin is current President of the NC Society of Addiction Medicine. He also serves as an advisory physician for Diver's Alert Network and is an avid scuba diver.



### 43rd Annual Spring Meeting

**Little Cayman Beach Resort and Reef Divers - Cayman Islands**

**May 19-26, 2018 • 26 hours of category 1 CME**

The 2018 Annual Spring Meeting will be held at Little Cayman Beach Resort, May 19-26 2018. Little Cayman Island and Little Cayman Beach Resort are the perfect pair – the ideal combination of spectacular diving and tropical resort luxury.

Little Cayman, like the rest of the Cayman chain, is known for its relaxed atmosphere and world class diving. In fact, Bloody Bay Wall, just off shore, is regarded by many seasoned dive travelers, as one of the best dives in the world. This island is small – only 9 square miles with 50 permanent residents. Little Cayman remains one of the last unspoiled treasurers of the Caribbean.

Little Cayman Beach Resort is a deluxe beachfront hotel. Guests enjoy modern

five – star amenities amidst the casual island atmosphere and natural beauty of Little Cayman. The resort features 40 rooms (28 pool view rooms and 12 ocean front suites), cabana bar, tennis courts, freshwater pool and spa, satellite TV and a long sandy beach. Meals are served buffet-style in the elegant dining room or on the terrace. Menu choices range from the simple to the scrumptious. You have probably figured out for yourself that Little Cayman is not the place for nightlife and tourist attractions, unless you are attracted to wildlife and star studded skies. Little Cayman is a quiet paradise and the perfect host for our 43rd Annual ISAM Spring Seminar.

Reef Divers is the in-house dive operation for Little Cayman Beach Resort. Three boat dives will be offered to our group. The late Philippe Cousteau rates diving in Little Cayman the best in the Caribbean. National Geographic photographer David Doubilet and underwater cinematographer Stan Waterman, rate diving in Little Cayman as one of the finest dives in the world. The Skin Diver magazine website also rates Little Cayman as "one of the world's premier dive destinations...pristine quality...excellent visibility...incredible diving."



**CONFERENCE OBJECTIVES:**

ISAM is an association of diving physicians dedicated to the promulgation of diving medicine information in the United States and foreign countries. The conference will include the study of such topics as underwater physiology, diagnosis and treatment of decompression sickness, physical examination for divers, and the treatment of injuries caused by poisonous and venomous animals.

**GROUP PACKAGE INCLUDES**

- 7 nights accommodations double occupancy
- Breakfast, lunch and dinner daily
- Complimentary use of dive computer – (use of dive computer required by Reef Divers)
- 17 boat dives
- Nitrox
- Complimentary Wi-Fi
- Welcome rum punch
- Manager’s cocktail reception
- Airport ground transfers
- Resort fees, taxes and gratuities
- Gratuities for the Dive Staff
- 26 hours category 1 CME
- One ISAM gift



**ACTIVITIES THAT CAN BE OFFERED EXTRA TO THE PACKAGE**



- Use of Kayaks
- Use of Paddleboards
- Fishing • Biking • Hiking
- Pool/Hot Tub • Nature Spa
- Tennis • Beach Hammocks
- Little Cayman Museum
- Little Cayman Marine Museum
- National Trust House



Relax and unwind in one of our hammocks located along the beach. This is the perfect spot to enjoy a book or catch an afternoon nap.

The Salt Rocks Nature Trail is located on the Western end of Little Cayman. Here, migratory birds, rock iguana, butterflies, orchids and tropical plants can be found. It is also an historic site with abandoned phosphate mines and a railway track.



**COSTS:** Per person/double occupancy (No airfare included in this price. All prices subject to change.) Costs are based on payment by check. Use of a credit card adds 4%.

Diver .....	\$2895.00
Non-Diver .....	\$2595.00
Single Supplement .....	\$595.00
Upgrade to Ocean Front Room .....	\$300.00
Yearly ISAM dues to be current .....	\$100.00

ISAM has arranged group airfare from Grand Cayman to Little Cayman roundtrip for the group. Please make your airline reservations into and out of Grand Cayman. Please plan to arrive in Grand Cayman by 1 pm on May 19, 2018 and departing Grand Cayman no later than 1pm on May 26, 2018. You might be able to make individual reservations on Cayman Air with a connection in Miami to Little Cayman with a stop in Cayman Brac. The flights from Grand Cayman to Little Cayman will be blocked for the group. Flights into and out of Little Cayman are limited so please make your reservations early.

**Required Equipment:** C Card

**Responsibility:** ISAM, Traveler’s Choice, Little Cayman Beach Resort and Reef Divers assume no responsibility or liability as to the safety, quality of conditions, nor the act of employee or agent of any establishments, from, person or entity furnishing such services, transportation, equipment, substitution or unperformed services, nor assume any responsibility or liability for the safety of any participating individuals while engaged in underwater activities. All trip participants will be required to sign an ISAM/Traveler’s Choice liability waiver.



**LITTLE CAYMAN REGISTRATION**

Member: \_\_\_\_\_ Email: \_\_\_\_\_

T-Shirt Sizes: \_\_\_\_\_ Guest: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State \_\_\_\_\_ Zip: \_\_\_\_\_ Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

I would like Traveler’s Choice to make airline reservations for \_\_\_\_\_ persons

Departure City: \_\_\_\_\_ Airport Preference: \_\_\_\_\_

Please charge my airline ticket to the following credit card: Credit Card Name: \_\_\_\_\_

Credit Card Number: \_\_\_\_\_ Expiration Date: \_\_\_\_\_ Signature: \_\_\_\_\_

Please call Traveler’s Choice for Airline Reservations at (910) 452-1452. E-Mail: DivingDocs@aol.com

**\$1000 Deposit per person required at this time.**

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