



**49th Annual ISAM Spring Meeting
Anthony's Key Resort, Roatan, Honduras
May 17 – 24, 2025**

Dive Medicine 2025 * 26 hours of Category 1 CME will be applied for

**SAVE THE DATE MAY 17 – 24, 2025
ONLY 25 ROOMS AVAILABLE – RESERVE EARLY
CME PROGRAM UPDATES TO FOLLOW**



PROGRAM DESCRIPTION

Update on topics relating to Dive Medicine to prepare the learner to give medical advice to Recreational Scuba Divers and to help learners implement practices leading to safer diving practices.

Daily lectures will address the pathology seen in scuba dive injuries and dive related deaths, the physical exam to identify risk factors, mental health diagnoses that may affect diving, diving after COVID, scuba life support equipment, ENT complications of breathing compressed gas, common disease states and illnesses that may affect diving, underwater hazards -marine life and others, and the interventions to moderate these risks.

The 2025 Annual Spring Conference will find us at Anthony's Key Resort in Roatan, Honduras where adventure meets serenity. For over 50 years, AKR has been a sanctuary for those seeking the perfect blend of natural beauty and engaging activities, all while emphasizing environmental stewardship and a serene, tranquil experience.

Our dock hosts a modern fleet of dive boats. Just a short stroll away are the Roatan Museum and the Roatan Institute of Marine Sciences, where you can engage in educational programs and interactive activities with dolphins at Bailey's Key.



Anthony's Key Resort is owned and managed by the Galindo family and has been in operation since 1970. Julio Galindo Sr. (Don Julio) was born and raised on Roatan, and his accomplishments far exceed the well-run five-star dive resort that he has managed for more than 30 years. Don Julio and his family have been active in the political, environmental, and social aspects of the Bay Islands for many years. Shortly after Don Julio began his involvement as manager of AKR, he was elected Mayor of Roatan, a position he served for four years. Samir, serving as the General Manager, oversees Anthony's Key Resort full-time on the property in Roatan, while Haydee manages the U.S. reservations office. Together, they are the children of Julio and Cheryl, contributing deeply to our family-led leadership. Supporting them

is a dedicated team of over 200 staff members, including office workers, groundmen, housekeepers, and personnel in the kitchen, waitstaff, diving, boating, maintenance, and security sectors. Our staff is not only friendly and courteous but also a rich source of tales about island life.

MODERN, COMFORTABLE, AND SAFE ROATAN DIVE BOATS

As a diver AKR, you'll appreciate the comfort and convenience of diving on our modern fleet of seven Pro 42' and four Pro 48' Custom Dive Boats. You and a small number of fellow divers will be whisked away to 35 varied sites located just 5 to 30 minutes away. Unrivaled in the Caribbean region, our fleet was designed with your comfort, safety, and convenience in mind.



ACCOMMODATIONS

Our resort sits on one of the choicest shorelines in the Bay Islands of Honduras. Low-slung bungalows perched above a tranquil lagoon or nestled within lush tropical flora provide the ideal setting for a much-needed retreat. Choose from over 50 island-style bungalows – the **Key Deluxe** and **Key Superior** bungalows are dispersed along the waterfront of our 11-acre key. ISAM is holding 8 Key Deluxe Rooms and 17 Superior Rooms.

ALL ROOMS FEATURE

Air Conditioning • Ceiling Fan • Coffee Maker • Mini Refrigerator • In-room Safe • Complimentary WiFi • Bath Amenities • Hair Dryer • Hot Showers • Daily Housekeeping



Our slice of paradise serves a tranquil island village vibe, with private wooden bungalows that boast spectacular ocean views, relaxing hammocks, and convenient access to nature's unspoiled

Caribbean wonderland. It is a magical place to leave the busy world behind without distractions. You won't find telephones or TVs in your bungalow. Instead, you'll enjoy uninterrupted time to focus on what's important — spending time with loved ones and creating memories that will last you a lifetime. So whether you want to fall asleep to the sounds of the ocean from your waterfront bungalow or hear the sounds of nature, each of our Roatan bungalows offers a unique getaway experience.

EXPLORE OUR FOOD & BEVERAGE OPTIONS AT ANTHONY'S KEY RESORT

At Anthony's Key Resort, we believe that dining is an integral part of your Caribbean experience. Each meal is a celebration of flavors crafted to complement the serene, natural backdrop of Roatán. Explore our array of dining venues, from the freshest seafood at the waterfront to artisanal cocktails under the stars.

Experience the ultimate indulgence on your next vacation with our all-inclusive packages! Relish in the delectable experience of enjoying three mouth-watering à la carte meals daily at our exclusive onsite restaurant, Ankor Seafood Grill. Overlooking the crystal-clear waters, the grill offers an abundance of seafood delicacies prepared with local spices and ingredients. Feast on freshly caught lobster, snapper, or our chef's signature Prime Rib. Each meal is a perfect opportunity to delight in the bounties of the sea and connect with others during your stay.

DOLPHIN ENCOUNTERS & EDUCATIONAL EXPERIENCES WITH ATLANTIC BOTTLENOSE DOLPHINS

At Anthony's Key Resort, our Dolphin Encounters offer a truly unparalleled experience that sets us apart. Nestled in the pristine waters of Roatan, our encounters are more than just a chance to see dolphins up close – they are an opportunity to interact with these intelligent creatures in a natural and sustainable environment.

EXPLORE THE MESOAMERICAN BARRIER REEF WITH US!

Discover the world's second-largest barrier reef right in our backyard. This tropical paradise attracts divers from all over the globe, searching for a unique underwater experience in crystal clear waters. With average water temperatures of 80 degrees and excellent visibility all year



WE'RE JUST STEPS AWAY FROM AN UNDERWATER WONDERLAND

round, it's the perfect destination for any level of diver. See schools of tropical fish, fleets of eagle rays, and sea turtles on your dive. Explore hard-core wrecks, peaceful eel gardens, and shallow terraces where macro photo opportunities abound. Roatan's dive sites are a true underwater paradise with thick coral growth and gentle currents.

COSTS:

No Airfare to Rotan included in the price:

There are 3 packages: (1) Diving Package, (2) Snorkel Package and the (3) Resort Package

1) Diving Package

Includes:

- 7 Night Accommodations
- Airport Transfers & Orientation
- Welcome Island Cocktail
- 3 Meals Daily (Breakfast, Lunch, Dinner)
- 3 Single-Tank Boat Dives per Day (6 days)
- 2 Single-Tank Boat Night Dives per Week
- Shore Diving (During Shop Hours)
- Buoyancy Control Workshop
- Air tanks, Weight Belts & Weights
- Fresh-water Swimming Pool
- Kayaks & Stand-Up Paddle Boards
- Free WiFi (in rooms and common areas)
- Island Fiesta Night on Anthony's Key
- Beach Day Excursion to Maya Key
- 26 Hours of Category 1 CME
- Tips for Dive guides only

Anthony's Key Resort also offers a snorkel package for non-diving guests

2) Snorkel Package

Includes:

- 7 Night Accommodations Airport
- Transfers & Orientation
- Welcome Island Cocktail
- 3 Meals Daily (Breakfast, Lunch, Dinner)
- 2 Guided Boat Snorkels per Day (6 days)
- 1 Guided Night Boat Snorkel per Week
- 1 Dolphin Encounter Underwater Fish ID Card
- Reef Ecology Lecture & Fish ID Slide Show
- Fresh-water Swimming Pool
- Kayaks & Stand-Up Paddle Boards

- Free WiFi (in rooms and common areas)
- Island Fiesta Night on Anthony's Key Beach Day Excursion to Maya Key

3) Resort Package

Includes:

- 7 Night Accommodations
- Airport Transfers & Orientation
- Welcome Island Cocktail
- 3 Meals Daily (Breakfast, Lunch, Dinner)
- Fresh-water Swimming Pool
- Kayaks & Stand-Up Paddle Boards
- Free WiFi (in rooms and common areas)
- Island Fiesta Night on Anthony's Key
- Beach Day Excursion to Maya Key
- Resort Package

PRICES (subject to change)

1) Diving Package:

8 Key Superior Rooms Diving Package

- \$2995.00 per person double occupancy

17 Deluxe Rooms Diving Package

- \$3595.00 per person double occupancy

2) Snorkel Package

8 Key Superior Rooms Snorkel Package

- \$2595.00 per person double occupancy

17 Deluxe Rooms

- \$3195.00 per person double occupancy

3) Resort Package

8 Key Deluxe

- \$2695.00 per person

17 Superior

- \$2095.00 per person

Nitrox available at extra charge

- 161.00 per person per week
- 180.00 per person per week for 100 cc tanks

- PLEASE NOTE ON REGISTRATION IF YOU WANT TO USE NITROX BECAUSE ONLY 50 TANKS ARE AVAILABLE IN THE RESORT

Anthony's Key Resort Registration

Member: _____ Email: _____

Address: _____

City _____ State: _____ Zip: _____ Phone: _____ Fax: _____

I would like Travel's Choice to make airline reservations for _____ persons

Departure city: _____ Airport preference: _____

Please charge my airline ticket to the following credit card:

Credit Card Name: _____ Credit Card Number: _____

Expiration date: _____ Sec code: _____

I WANT TO USE NITROX

A fee of 3.50 % will added to all credit/debit cards transactions

Please call Traveler's Choice for Airline Reservations at **910-232-9855**. Email: bridgetkthomas@gmail.com

\$ 1,500 Deposit Non - Refundable per person is required at this time, unless ISAM can resell your spot.

Travel Insurance is strongly recommended.

To cover pre- existing medical conditions, you must purchase the insurance within 21 days prior of your deposit being made to the bank, NOT the day you write the check to ISAM but the date ISAM deposits your check.

I can offer Travel Guard travel insurance.

Contact me at 910-232-9855 or bridgetkthomas@gmail.com if you wish to purchase travel insurance.

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