

**49th Annual ISAM Spring Meeting
Anthony's Key Resort, Roatan, Honduras
May 17 – 25, 2025**

Dive Medicine 2025 *26 Hours AMA PRA Category 1 Credit™

MAY 17 – 25 , 2025

26 HOUR CME PROGRAM APPROVED BY SUNY UPSTATE



PROGRAM DESCRIPTION:

Update on topics relating to Dive Medicine to prepare the learner to give medical advice to Recreational Scuba Divers and to help learners implement practices leading to safer diving practices. This comprehensive event combines educational sessions with practical diving exercises, allowing attendees to refine their skills and gain insights into a wide range of dive-related medical topics.

The conference will cover key areas such as dive physics, decompression theory, and the use of dive computers. Experts will present on hyperbaric oxygen therapy, CPR updates, and the latest protocols for treating diving emergencies.

Practical skill challenges, including emergency ascents and buddy breathing, will help reinforce these concepts. Participants will also explore critical topics like the impact of obesity on diving health, including obstructive sleep apnea and the use of GLP-1 agonists for weight management.

Other sessions will address diving-related injuries, natural diseases in divers, and advanced ENT procedures, alongside case studies and forensic pathology. Attendees will engage in real-world scenarios, including handling marine injuries and recognizing conditions like decompression sickness.

This conference will highlight fatal natural processes with real life autopsy/forensic pathology cases used to illustrate the dangers of diving with certain natural disease.

The conference will also explore travel safety, medical care during air travel, and high-altitude medicine, while diving challenges will test participants' ability to manage equipment failures and surface alerts in emergency situations.

Throughout the week, Pecha Kucha presentations will offer bite-sized insights into a variety of topics, such as marijuana use, gun safety, and dive emergency preparedness.

ISAM conferences feature on boat readings on presented subjects, skills challenges, and personal interaction with the speakers for all attendees.

ISAM is committed to the highest quality dive medicine education and has a rich history going back almost 50 years. ISAM focuses on practical dive medicine with an focus on fitness to dive.

TARGET AUDIENCE:

Physician, Clinicians, RNs, PAs, and allied health professionals.



LEARNING OBJECTIVES:

1. Participants will recognize the physics of Dive Medicine (e.g. partial pressure of inert gas) that may have adverse risk on scuba diving and lead to a constellation of decompression injuries.
2. Participants will identify medical risk factors for scuba-related injuries and measure the level of fitness necessary for safe diving. Case examples will be used from forensic pathology case work.
3. Participants will assess certain ear, nose and throat conditions (ENT), including sleep apnea, and their relationship to diving fitness.
4. Participants will assess the risk of obesity and use of new obesity medications as part of the assessment to clear a patient for recreational scuba diving

ACCREDITATION:



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of SUNY Upstate Medical University and the International Society of Aquatic Medicine. SUNY Upstate Medical University is accredited by the ACCME to provide Continuing Medical Education for physicians.

CREDIT DESIGNATION:

Upstate Medical University designates this live activity for a maximum of *26 AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participating in the activity.

COMMERICAL SUPPORT:

No commercial support was received for this educational activity.

KEYNOTE SPEAKERS:

James Fulcher MD and Paul Martin MD

ADJUNCT SPEAKERS:

Angelo Accomando MD, Ann Marie Foley MD, Tom Fralich MD PHD, Paul Neis, MD, Dave Wakely MD, Eric Olsen MD, Janelle Sanda MD, and Alan Thomas MD

DISCLOSEURES:

None of the planners or speakers for this activity have relevant financial relationships with ineligible companies.

MEETING LOCATION:

The 2025 Annual ISAM spring meeting will be held at Anthony's Key Resort, Roatan, Honduras. Anthony's key will provide an outstanding diving experience and is committed to the educational objectives of ISAM and safe diving.

For over 50 years, AKR has been a sanctuary for those seeking the perfect blend of natural beauty and engaging activities, all while emphasizing environmental stewardship and a serene, tranquil experience.

As a diver AKR, you'll appreciate the comfort and convenience of diving on our modern fleet of seven Pro 42' and four Pro 48' Custom Dive Boats. You and a small number of fellow divers will be whisked away to 35 varied sites located just 5 to 30 minutes away.

ACCOMMODATIONS:

Our resort sits on one of the choicest shorelines in the Bay Islands of Honduras. Low-slung bungalows perched above a tranquil lagoon or nestled within lush tropical flora provide the ideal setting for a much-needed retreat. Choose from over 50 island-style bungalows – the Key Deluxe and Key Superior bungalows are dispersed along the waterfront of our 11-acre key.

All rooms feature air conditioning, ceiling fan, coffee maker, mini refrigerator, in room safe, complimentary WiFi, bath amenities, hair dryer, hot showers, and daily housekeeping.



COSTS:

No Airfare to Rotan included in the price:

There are 3 packages: (1) Diving Package, (2) Snorkel Package and the (3) Resort Package

1) Diving Package Includes:

- 7 Night Accommodations
- Airport Transfers & Orientation
- Welcome Island Cocktail
- 3 Meals Daily (Breakfast, Lunch, Dinner)
- 3 Single-Tank Boat Dives per Day (6 days)
- 2 Single-Tank Boat Night Dives per Week
- Shore Diving (During Shop Hours)
- Buoyancy Control Workshop
- Air tanks, Weight Belts & Weights
- Fresh-water Swimming Pool
- Kayaks & Stand-Up Paddle Boards
- Free WiFi (in rooms and common areas)
- Island Fiesta Night on Anthony's Key
- Beach Day Excursion to Maya Key
- 26 Hours of Category 1 CME
- Tips for Dive guides only
- Anthony's Key also offers a snorkel package for non-diving guests

2) Snorkel Package Includes:

- 7 Night Accommodations Airport
- Transfers & Orientation
- Welcome Island Cocktail
- 3 Meals Daily (Breakfast, Lunch, Dinner)
- 2 Guided Boat Snorkels per Day (6 days)
- 1 Guided Night Boat Snorkel per Week
- 1 Dolphin Encounter Underwater Fish ID Card
- Reef Ecology Lecture & Fish ID Slide Show
- Fresh-water Swimming Pool
- Kayaks & Stand-Up Paddle Boards
- Free WiFi (in rooms and common areas)
- Island Fiesta Night on Anthony's Key Beach Day
- Excursion to Maya Key

3) Resort Package Includes:

- 7 Night Accommodations
- Airport Transfers & Orientation
- Welcome Island Cocktail
- 3 Meals Daily (Breakfast, Lunch, Dinner)
- Fresh-water Swimming Pool
- Kayaks & Stand-Up Paddle Boards
- Free WiFi (in rooms and common areas)
- Island Fiesta Night on Anthony's Key
- Beach Day Excursion to Maya Key
- Resort Package

PRICES (subject to change)

1) Diving Package:

8 Key Superior Rooms Diving Package

- \$3500.00 per person double occupancy
- \$250.00 single occupancy

17 Deluxe Rooms Diving Package

- \$2995.00 per person double occupancy
- \$250.00 single occupancy

2) Snorkel Package

8 Key Superior Rooms Snorkel Package

- \$3000.00 per person double occupancy
- \$250.00 single occupancy

17 Deluxe Rooms

- \$2595.00 per person double occupancy
- \$250.00 single occupancy

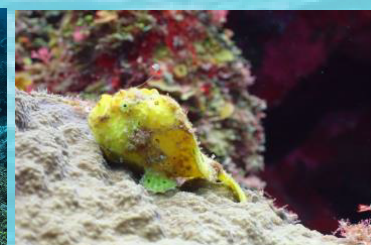
3) Resort Package

8 Key Deluxe

- \$2595.00 per person
- \$250.00 single occupancy

17 Superior

- \$1995.00 per person
- \$250.00 single occupancy



Anthony's Key Resort Registration

Member: _____ Email: _____

Address: _____

City _____ State: _____ Zip: _____ Phone: _____ Fax: _____

I would like Travel's Choice to make airline reservations for _____ persons

Departure city: _____ Airport preference: _____

Please charge my airline ticket to the following credit card:

Credit Card Name: _____ Credit Card Number: _____

Expiration date: _____ Sec code: _____

Please call Traveler's Choice for Airline Reservations at (910) 452 1452. Email:
bridgetkthomas@gmail.com ISAM * 6240 Turtle Hall Drive * Wilmington, NC 28409

ISAM is now using an online payment system for membership and trip registration
<https://www.zeffy.com/ticketing/2025-spring-meeting>